



RESTAURANT • LOUNGE

LUNCH

FOR THE TABLE

Bang Bang Cauliflower

Sweet & Spicy Roasted Cauliflower
Stilton + Scallions + Bang Bang Sauce
Toasted Coconut + Ranch Drizzle 13 **GF V**

Lobster & Artichoke Dip

Four Cheese Blend with Artichoke Hearts
Spinach & Roasted Pimento + Vegetable
Batonettes + Pita Chips 18 **GF**

THE ORIGINAL SEAGLASS JUMBO LUMP CRAB CAKE

**Circa 2009. 5 oz Pan Seared Old Bay
Seasoned Maryland Style Jumbo Lump
Crab Meat + Tropical Mango Salsa
Bibb Lettuce Cup + Chipotle Aioli 19**

Oysters Rockefeller

Lobster + Artichoke & Spinach Stuffed
Toasted Bread Crumbs 4 for 18

Buffalo Chicken Dip

Roasted Chicken + Bleu & Cream Cheese
Blend + Hot Sauce + Celery & Carrot Batons
Crisp Pita Chips 13

*Black Tiger Shrimp Cocktail

Fresh Colossal Shrimp (5) + Cocktail Sauce
Lemon 18

Classic Style Mussels

Chablis + Lemon + Parsley + Garlic + Butter 13 **GF**

Clams Casino

Pimento + Parmesan + Bacon & Parsley Butter
6 for 12

RAW BAR

*Cape Cod Oysters

Cocktail Sauce + Horseradish + Ginger
Mignonette 6 for 18

*Wellfleet Littleneck Clams

Cocktail Sauce + Horseradish + Mignonette
6 for 10

SPRING POWER BOWLS

Sweet & Savory Super Love

Dried Apples + Cranberries & Blueberries + Walnuts & Pecans + Baby
Spinach & Kale + Smoked Gouda + Maple Cider Vinaigrette 15 **GF**
Chef's Recommended Pairing ~ Lemon Pepper Grilled Salmon

Duet of Beets

Baby Arugula + Pistachios + Valencia Orange + Dried Apricot
Herb Yogurt Dressing 15 **GF V**
Chef's Recommended Pairing ~ Togarashi Scallops

Strawberry Fields Forever

Strawberries + Dried Figs + Goat Cheese + Almonds + Baby Spinach
Pickled Red Onions + Balsamic Vinaigrette 14 **GF V**
Chef's Recommended Pairing ~ Straight Up Grilled Chicken

Tex Mex

Citrus Greens + Street Corn + Avocado + Black Beans + Pico de Gallo
Black Olives + Honey-Lime Vinaigrette 15 **GF V**
Chef's Recommended Pairing ~ Fajita Spiced Steak Tips

BOWL ADD ON'S

Haddock 9 GF
Grilled Atlantic Salmon 11 GF
Black Tiger Shrimp 10 GF
Pan Seared U10 Scallops 11 GF
Sirloin Steak Tips 10 GF
Grilled Chicken 6 GF
Lobster Salad 4 oz 13 GF

SPICE IT UP

Straight Up Salt & Pepper GF
Blackened GF
Fajita Spice GF
Lemon Pepper GF
Togarashi
Bronzed

TRADITIONAL SALADS

Chopped BLT Salad

Iceberg + Apple Smoked Bacon + Heirloom Tomatoes + Bleu Cheese
Creamy Ranch 10 **GF**

Boston Bibb Salad

Candied Walnuts + Stilton Blue + Dried Figs + Red Wine Vinaigrette 10 **GF V**

Classic or Grilled Caesar

Hearts of Romaine + Garlic Croutons + Traditional House-Made Dressing
White Anchovies 9

Garden Salad

Mixed Baby Lettuces + Assortment of Seasonal Vegetables
Choice of Dressing 7/9 **GF V**

CHOWDER & SOUPS

New England Clam Chowder

Surf Clams + Hickory Bacon + Baby Red Potatoes + Sweet Cream 7/9

French Onion

Vidalia & Bermuda Onions + Rich Bouillon + Toasted Croûte
Swiss Cheese 8

Maine Lobster Stew

Lobster Meat + Rich Lobster Broth + Cream + Milk + Paprika
Touch of Sherry 16 **GF**

**Served raw or undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. If unsure of your risk, consult a physician. Please inform your server of any dietary or health restrictions. Before placing your order, please inform your server if a person in your party has a food allergy.*

GF — can be prepared Gluten Free

V — Vegetarian



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LOBSTER!

Lobster Scampi

Plum Tomato + Shallots + White Wine
Parsley + Crushed Garlic + Butter
Linguine 29

Lobster Mac N Cheese

Maine Lobster + Four Cheese Mornay
Sauce + Cavatappi + Toasted Bread
Crumbs 25

TASTE OF NEW ENGLAND TRIO

Seaglass Guest Favorite!

Petite Lobster Roll

Cup of Creamy Clam Chowder
Traditional Steamed Mussels 25

Lobster Tacos

Maine Lobster + Street Corn + Pico de
Gallo + Avocado + Iceberg + Chipotle
Aioli 24

New England Style Lobster Rolls

Classic 5 oz Maine Lobster + Light Mayo
Butter Lettuce + Torpedo Roll 22

*Served with potato chips & dill pickle
Add clam chowder 7*

SIDES

Roasted Asparagus 6
Sautéed Spinach 4
Chef's Seasonal Vegetable 5
Herb-Roasted Baby Potatoes 6
Mashed Potatoes 4
Mac n Cheese 5
Cape Cod Kettle Cooked Chips 2

WRAPS, ROLLS & CLUBS

All sandwiches served with choice of one side.

Jumbo Lump Crab Cake "BLT"

5 oz Old Bay Seasoned Crab Cake + Caper Remoulade + Green Leaf Lettuce
Vine Ripe Tomato + Hickory Bacon + Toasted Brioche Bun 22

Fresh North Atlantic Haddock Sandwich

Broiled or Blackened + Traditional Remoulade + Bibb Lettuce + Pico de Gallo
Toasted Potato Roll 19

SEAGLASS LUNCH BOX TRIO 13

- Cup of Chowder or Onion Soup
- Half Sandwich Choice: Turkey Club, BLT or Chicken Caesar Wrap
- Select one side

Fajita-Spiced Steak Wrap

Black Beans + Black Olives + Street Corn + Pico de Gallo + Iceberg
Lettuce + Pepper Jack Cheddar + Flour Tortilla 14

Roast Turkey Club

Shaved Turkey Breast + Apple Smoked Bacon + Bibb Lettuce & Tomato
Mayo + Toasted Club Bread 13

Grilled Chicken Caesar Wrap

Chopped Romaine + House-Made Caesar + Parmesan + Flour Tortilla 13

BURGERS

*Prime 8 oz Black Angus Burger

Choice of Swiss, American or Cheddar + Potato Roll 16

The Impossible Burger

100% Plant-Based Meat + Vermont Cheddar + Caramelized Onions
Roasted Mushrooms + Lettuce & Tomato + Sriracha Ketchup + Potato Roll 15

Add mushrooms, caramelized onions, avocado or hickory smoked bacon 2 ea

SIGNATURE ENTRÉES

*Honey-Lemon Glazed Salmon Tortelloni

Roasted Street Corn + Plum Tomato + Scallions + Chipotle Cream
Spinach & Roasted Garlic Tortelloni 27

Chimichurri Marinated Sirloin Tip Steak

Grilled Onion & Pepper Halo's + Guacamole + House Mashed + Chimichurri
Emulsion 28 **GF**

Chicken Cordon Bleu

Dijon Basted Chicken Breasts + Prosciutto di Parma + Fontina + Spinach & Garlic
Tortelloni + Broccoli Rabe + Shallots + Sage Butter Sauce 22

Shrimp Scampi

Plum Tomato + Shallots + White Wine + Parsley + Crushed Garlic + Butter
Linguine 23

Seared U10 Scallops

Lobster, Tomato & Mushroom Risotto + Shaved Asparagus + Parmesan
Truffle Oil + Baby Arugula 27 **GF**

New England Baked Haddock

Herb & Butter Bread Crumb Topping + Mashed Potatoes + Macédoine of
Carrots & Gold Beets 24